

Congregational Prayer

O Lord, we worry too much. We even worry that we worry too much. We're not even sure what we can accomplish by worrying. We just worry. Yet perhaps our real problem isn't worry, but lack of trust. Worry claims our energy when we can't trust someone. Is this why you so often charge us in scripture to "Trust in the Lord?" Build up trust in our hearts so worry will depart our minds. Amen.

Words of Assurance

"Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns" (Philippians 4:6 MsgB)